(172) be upon him ballallatin aleihi vassalaam) read further on the books on sulnah, the Names & Affributer of Allah, Diseases & if cones by Ibn Rayyim and Prophetic Medicine by Darusjalam publishers and Spiritual diseases With care by Ibn Taymiyyah. of herbal medicine, especially that which is related to the circulars eyele and sleep it etcetc.